



# STATE OF IOWA

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## Iowans Urged to Be On Alert for “One-Pot” Meth Labs

DES MOINES – The State’s Drug Policy Coordinator and top drug enforcement official issued a safety alert today for Iowans to take precautions that could prevent them from becoming victims of meth lab fires or explosions.

“As some meth cooks turn to the more flammable ‘one-pot,’ or ‘shake and bake,’ method of making the illegal drug, and as colder weather begins to drive more meth cooks indoors, we’re asking Iowans to be on the lookout, stay safe and immediately report suspicious activity,” said Gary Kendall, who also serves as Director of the Governor’s Office of Drug Control Policy.



“‘One-pot’ labs can be more dangerous than other meth labs, because the two-liter plastic bottles or similar small containers often used are not made to handle the pressure created by the chemical reaction used to make meth,” said Kevin Frampton, Director of the Iowa Division of Narcotics Enforcement, Iowa Department of Public Safety.

The “one-pot” lab doesn’t give off strong odors to tip off others, and because meth cooks typically hold the container, there’s a greater risk of burns from flash fires. “One-pot” meth labs are suspected in recent Central Iowa apartment fires that resulted in serious injuries and damage to homes.

“Retailers should watch for repeated purchases of garden fertilizer or cold packs, cold or allergy products containing pseudoephedrine, and lithium batteries,” said Frampton. “If you suspect illegal activity, call local law enforcement or the State Division of Narcotics Enforcement at 800-532-0052.”

“All Iowans should be on alert, especially those who live in apartments or other multi-family homes where a fire or explosion could endanger many lives,” said Kendall. “If you encounter what looks like a ‘one-pot’ meth lab, quickly move away from it and dial 911.”

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